# 20 useful English phrases

For everyday care situations | A2-B1 practice

## GREETINGS

**01** **Good morning. How are you today?**
A friendly opening question.

**02** **It's nice to see you.**
Use as a warm greeting.

**03** **How did you sleep?**
Ask about the previous night.

## OFFERING HELP

**04** **Would you like some assistance?**
A polite offer; assistance means help.

**05** **How can I help you?**
Let the person tell you what they need.

**06** **Please let me know what you need.**
Invite the person to express their needs.

## DAILY ROUTINES

**07** **Would you like breakfast now?**
Ask about timing and preference.

**08** **Are you ready for your appointment?**
An appointment is an arranged meeting.

**09** **Would you like to take a short break?**
Offer a brief rest or pause.

**TRY IT: Read a phrase, say it aloud, then create your own short response.**

Language practice only. Follow your role, agreed care plan and workplace procedures.

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## COMFORT AND PREFERENCES

**10 Are you comfortable?**
Check whether the person feels at ease.

**11 Would you prefer tea or water?**
Prefer means to like one choice more.

**12 Would you like me to adjust the pillow?**
Ask before making a change.

## CLARIFICATION

**13 Could you please repeat that?**
Politely ask someone to say it again.

**14 Let me make sure I understood.**
Check your understanding before continuing.

**15 Could you explain what you mean?**
Ask for a clearer explanation.

## WORKPLACE COMMUNICATION

**16 I need to speak with my supervisor.**
A supervisor is a person who oversees work.

**17 I'd like to report an observation.**
Introduce something you noticed; describe facts.

**18 Could you clarify the instructions?**
Ask for clear information; do not guess.

**19 Thank you for letting me know.**
Acknowledge information politely.

**20 I'll check the agreed care plan.**
Refer to the plan and follow your role.

**TRY IT: Read a phrase, say it aloud, then create your own short response.**

Language practice only. Follow your role, agreed care plan and workplace procedures.